## Lecture 17. Projected Gradient Descent

### 17.1 Projection operator and projected gradient descent

To solve the inequality constrained problems, we introduce the projected gradient descent.

Recall the iteration step in the gradient descent method, $x_{k+1}=x_{k}-\eta \nabla f\left(x_{k}\right)$. Now we need to minimize $f(x)$ over a feasible set $\Omega$. If $x_{k}-\eta \nabla f\left(x_{k}\right)$ is feasible, then we can run the gradient descent iteration. If $x_{k}-\eta \nabla f\left(x_{k}\right)$ is infeasible, a simple idea is to project it onto $\Omega$. This method is called the projected gradient descent.


## Definition (Projection)

The projection of a point onto a set is the point in the set with minimum distance to the given point. Namely, the projection operator is defined by

$$
\mathcal{P}_{\Omega}(\boldsymbol{y})=\underset{\boldsymbol{x} \in \Omega}{\arg \min }\|\boldsymbol{x}-\boldsymbol{y}\|
$$

The the projected gradient descent step can be given by

$$
\boldsymbol{x}_{k+1}=\mathcal{P}_{\Omega}\left(\boldsymbol{x}_{k}-\eta \nabla f\left(\boldsymbol{x}_{k}\right)\right)
$$

Let

$$
\boldsymbol{g}(\boldsymbol{x})=\frac{1}{\eta}\left(\boldsymbol{x}-\mathcal{P}_{\Omega}(\boldsymbol{x}-\eta \nabla f(\boldsymbol{x}))\right)
$$

the iteration step can be expressed as

$$
\boldsymbol{x}_{k+1}=\boldsymbol{x}_{k}-\eta \boldsymbol{g}\left(\boldsymbol{x}_{k}\right) .
$$

Recall that, in Lecture 4, we show the following lemma.

## Lemma

Let $C$ be a nonempty, closed and convex set. Given $\boldsymbol{x}$ and $\boldsymbol{y}=\mathcal{P}_{C}(\boldsymbol{x})$, for any $\boldsymbol{z} \in C$, it holds that $\langle\boldsymbol{x}-\boldsymbol{y}, \boldsymbol{z}-\boldsymbol{y}\rangle \leq 0$.


Conversely, if there exists $\boldsymbol{y} \in C$ such that $\langle\boldsymbol{x}-\boldsymbol{y}, \boldsymbol{z}-\boldsymbol{y}\rangle \leq 0$, we have $\boldsymbol{y}=\mathcal{P}_{C}(\boldsymbol{x})$. Otherwise, let $\boldsymbol{w}=\mathcal{P}_{C}(\boldsymbol{x})$. Then we have

$$
\langle\boldsymbol{x}-\boldsymbol{w}, \boldsymbol{y}-\boldsymbol{w}\rangle \leq 0 .
$$

However, we also have $\langle\boldsymbol{x}-\boldsymbol{y}, \boldsymbol{w}-\boldsymbol{y}\rangle \leq 0$, which implies that

$$
\langle\boldsymbol{x}-\boldsymbol{w}, \boldsymbol{w}-\boldsymbol{y}\rangle=\langle\boldsymbol{x}-\boldsymbol{y}, \boldsymbol{w}-\boldsymbol{y}\rangle+\langle\boldsymbol{y}-\boldsymbol{w}, \boldsymbol{w}-\boldsymbol{y}\rangle<0
$$

if $\boldsymbol{y} \neq \boldsymbol{w}$. Contradiction.
Thus, $\boldsymbol{y}=\mathcal{P}_{C}(\boldsymbol{x})$ if and only if $\langle\boldsymbol{x}-\boldsymbol{y}, \boldsymbol{z}-\boldsymbol{y}\rangle$ for any $\boldsymbol{z} \in C$.
Applying this lemma, we can show that $\boldsymbol{g}(\boldsymbol{x})$ plays a similar role as $\nabla f(\boldsymbol{x})$ in the gradient descent.

## Lemma

For any $\boldsymbol{x} \in \Omega$,

$$
\langle\nabla f(\boldsymbol{x}), \boldsymbol{g}(\boldsymbol{x})\rangle \geq 0
$$

The inequality holds if and only if $\boldsymbol{g}(\boldsymbol{x})=\mathbf{0}$.

## Proof

Since $\boldsymbol{x} \in \Omega$, we have

$$
\left\langle\boldsymbol{x}-\mathcal{P}_{\Omega}(\boldsymbol{x}-\eta \nabla f(\boldsymbol{x})), \boldsymbol{x}-\eta \nabla f(\boldsymbol{x})-\mathcal{P}_{\Omega}(\boldsymbol{x}-\eta \nabla f(\boldsymbol{x}))\right\rangle \leq 0,
$$

which gives that

$$
\langle\eta \boldsymbol{g}(\boldsymbol{x}), \eta \boldsymbol{g}(\boldsymbol{x})-\eta \nabla f(\boldsymbol{x})\rangle=\eta^{2}\langle\boldsymbol{g}(\boldsymbol{x}), \boldsymbol{g}(\boldsymbol{x})-\nabla f(\boldsymbol{x})\rangle \leq 0 .
$$

Thus,

$$
\langle\nabla f(\boldsymbol{x}), \boldsymbol{g}(\boldsymbol{x})\rangle \geq\langle\boldsymbol{g}(\boldsymbol{x}), \boldsymbol{g}(\boldsymbol{x})\rangle .
$$

So we know that $-\boldsymbol{g}(\boldsymbol{x})$ is a desceding direction. Now we show that if $\boldsymbol{g}(\boldsymbol{x})=\mathbf{0}$ then $\boldsymbol{x}$ is a minimum point.

## Lemma

$\boldsymbol{x}^{*}$ is a minimum point of $f$ over $\Omega$, iff $\boldsymbol{g}(\boldsymbol{x})=\mathbf{0}$, namely,
$\boldsymbol{x}^{*}=\mathcal{P}_{\Omega}\left(\boldsymbol{x}^{*}-\eta \nabla f\left(\boldsymbol{x}^{*}\right)\right)$.

## Proof

Applying the above lemma, we have $\boldsymbol{x}^{*}=\mathcal{P}_{\Omega}\left(\boldsymbol{x}^{*}-\nabla f\left(\boldsymbol{x}^{*}\right)\right)$ if and only if

$$
\left\langle\boldsymbol{x}^{*}-\eta \nabla f\left(\boldsymbol{x}^{*}\right)-\boldsymbol{x}^{*}, \boldsymbol{z}-\boldsymbol{x}^{*}\right\rangle \leq 0
$$

for all $\boldsymbol{z} \in \Omega$, which is further equivalent to

$$
\left\langle\nabla f\left(\boldsymbol{x}^{*}\right), \boldsymbol{z}-\boldsymbol{x}^{*}\right\rangle \geq 0 .
$$

We conclude this lemma by the first-order optimality conditions of convex functions.

Hence, in the projected gradient descent, we can stop when $\boldsymbol{g}\left(\boldsymbol{x}_{k}\right)$ is small, or equivalently when $\boldsymbol{x}_{k+1}-\boldsymbol{x}_{k}$ is small.

### 17.2 Examples of projection operator

Projected gradient descent is useful when the projection operator can be computed efficiently. Here we give some examples.

## Example 1 (Box constraints)

$$
\Omega=\left\{x \mid a_{i} \leq x_{i} \leq b_{i}, \quad i=1, \cdots, n\right\}
$$



It is easy to see that

$$
\left[\mathcal{P}_{\Omega}(y)\right]_{i}=\min \left\{b_{i}, \max \left\{a_{i}, y_{i}\right\}\right\}=\left\{\begin{array}{lr}
a_{i} & y_{i}<a_{i} \\
y_{i} & a_{i} \leq y_{i} \leq b_{i} \\
b_{i} & y_{i}>b_{i}
\end{array}\right.
$$

Example 2 ( $L^{2}$ constraints, ridge regression)

$$
\Omega=\left\{x \mid\|x\|_{2} \leq t\right\}
$$



The projection operator $\mathcal{P}_{\Omega}(y)$ is to compute

$$
\begin{aligned}
\min & \|x-y\|^{2} \\
\text { subject to } & \|x\|_{2}^{2} \leq t^{2}
\end{aligned}
$$

By KKT condition, there exists $\mu \geq 0$ such that

$$
2(x-y)+2 \mu x=0 \quad \text { and } \quad \mu\left(\|x\|^{2}-t\right)=0
$$

Then we have $y=(1+\mu) x$.
Hence, $\mathcal{P}_{\Omega}(y)=\min \left\{1, \frac{t}{\|y\|_{2}}\right\} y$.

Example 3 ( $L^{1}$ constraints, LASSO)

$$
\Omega=\left\{x:\|x\|_{1} \leq t\right\}
$$



Unfortunately, there is no closed form for the projection operator $\mathcal{P}_{\Omega}(y)$. But we can compute it efficiently.
By symmetry, we only need to consider the case where $y_{i} \geq 0$ for all $i$. Now $\mathcal{P}_{\Omega}(y)$ is equivalent to the following optimization problem:

$$
\begin{aligned}
\min & \|x-y\|^{2} \\
\text { subject to } & \sum_{i} x_{i} \leq t \\
& x_{i} \geq 0, \forall i
\end{aligned}
$$

By KKT condition, assume there exist KKT multipliers $\mu_{0}, \cdots, \mu_{n}$ such that

$$
\left\{\begin{array}{l}
2\left(x_{i}-y_{i}\right)+\mu_{0}-\mu_{i}=0, \forall i \\
\mu_{0}\left(\sum x_{i}-t\right)=0 \\
\mu_{i} x_{i}=0 \\
\mu_{i} \geq 0 \\
\sum x_{i} \leq t, x_{i} \geq 0
\end{array}\right.
$$

- Case 1. $\|y\|_{1} \leq t$, then $\mu_{0}=\mu_{i}=0$. Hence $x=y$.
- Case 2. $\|y\|_{1}>t$, then
$\sum 2\left(x_{i}-y_{i}\right)+\mu_{0}-\mu_{1}=2\left(\sum x_{i}-\sum y_{i}\right)+n \mu_{0}-\sum \mu_{i}=0$, hence $\mu_{0}>0$. Since $\mu_{0}\left(\sum x_{i}-t\right)=0$, we have $\sum x_{i}=t$.
- If $\mu_{i}=0$, by $2\left(x_{i}-y_{i}\right)+\mu_{0}-\mu_{i}=0$, we have $x_{i}=y_{i}-\frac{1}{2} \mu_{0}$.
- If $\mu_{i}>0$, by $\mu_{i} x_{i}=0$, we have $x_{i}=0$.

Now we have

$$
x_{i}=\left\{\begin{array}{lr}
y_{i}-\frac{1}{2} \mu_{0} & \text { if } y_{i} \geq \frac{1}{2} \mu_{0} \\
0 & \text { otherwise }
\end{array}\right.
$$

and $\sum x_{i}=t$.
We may use the binary search to find $\mu_{0}$, where the lower bound is 0 and the upper bound is max $y_{i}$.

### 17.3 Comparison with proximal gradient descent

To analyze the convergence of the projected gradient descent, we show that it is a special case of the proximal gradient descent.

Let $I_{\Omega}$ be the indicator function of $\Omega$, defined by

$$
I_{\Omega}(x)= \begin{cases}0 & \boldsymbol{x} \in \Omega \\ \infty & \boldsymbol{x} \notin \Omega\end{cases}
$$

Clearly $I_{\Omega}$ is a convex function if and only if $\Omega$ is a convex set.
Then we can show that the proximal operator for $I_{\Omega}$ is simply the projection onto $\Omega$ :

$$
\begin{aligned}
\operatorname{prox}_{I_{\Omega}}(\boldsymbol{y}) & =\underset{\boldsymbol{x}}{\arg \min } \frac{1}{2}\|\boldsymbol{x}-\boldsymbol{y}\|^{2}+I_{\Omega}(\boldsymbol{x}) \\
& =\underset{\boldsymbol{x} \in \Omega}{\arg \min }\|\boldsymbol{x}-\boldsymbol{y}\|^{2} \\
& =\mathcal{P}_{\Omega}(\boldsymbol{y}) .
\end{aligned}
$$

Since

$$
\min _{\boldsymbol{x} \in \Omega} f(\boldsymbol{x}) \quad \Longleftrightarrow \quad \min _{\boldsymbol{x}} f(\boldsymbol{x})+I_{\Omega} \boldsymbol{x}
$$

and for any $\eta>0$,

$$
\boldsymbol{x}_{k+1}=\mathcal{P}_{\Omega}\left(\boldsymbol{x}_{k}-\eta \nabla f\left(\boldsymbol{x}_{k}\right)\right)=\operatorname{prox}_{I_{\Omega}}\left(\boldsymbol{x}_{k}-\eta \nabla f\left(\boldsymbol{x}_{k}\right)\right)=\operatorname{prox}_{\eta I_{\Omega}}\left(\boldsymbol{x}_{k}-\eta \nabla f\left(\boldsymbol{x}_{k}\right)\right),
$$

we find that the projected gradient descent for $\min _{\boldsymbol{x} \in \Omega} f(\boldsymbol{x})$ is the same as proximal gradient descent for $\min _{\boldsymbol{x}} f(\boldsymbol{x})+I_{\Omega}(\boldsymbol{x})$.
By extending the results on Lecture 13 of to
$\varphi(\boldsymbol{x})=f(\boldsymbol{x})+I_{\Omega}(\boldsymbol{x}): \mathbb{R}^{n} \rightarrow \mathbb{R} \cup\{+\infty\}$, the convergence analysis for proximal gradient descent applies also to projected gradient descent.

## Theorem

Let $\Omega$ be a nonempty convex set, and $f$ be an $L$-smooth convex function over $\Omega$. Suppose $\boldsymbol{x}^{*}$ is a minimum of $f$ over $\Omega$. Then the sequence $\left\{\boldsymbol{x}_{k}\right\}$ produced by projected gradient descent with constant step size $\eta \in(0,1 / L]$ satisfies $f\left(\boldsymbol{x}_{k+1}\right) \leq f\left(\boldsymbol{x}_{k}\right)$ and

$$
f\left(\boldsymbol{x}_{k}\right)-f\left(\boldsymbol{x}^{*}\right) \leq \frac{\left\|\boldsymbol{x}^{*}-\boldsymbol{x}_{0}\right\|^{2}}{2 \eta k}
$$

Furthermore, if $f$ is also $\mu$-strongly convex, then

$$
\left\|\boldsymbol{x}_{k+1}-\boldsymbol{x}^{*}\right\|^{2} \leq(1-\mu \eta)^{k}\left\|\boldsymbol{x}^{*}-\boldsymbol{x}_{0}\right\|^{2}
$$

